

WEEKDAY PROGRAMS

Adults: Work, read, write or just rest in our beautiful garden. We take care of coffee, tea, water, homemade lemonade throughout the day. At 12.30 a lovely lunch is served, all with fresh ingredients from the farm. The lunch is also suitable for vegetarians and vegans.



Children Tuesdays (3 - 12 years):

- 10.00 Drinks and cookies, and a game to learn each other's names
- 10.30 Walk and talk on the farm while learning about farmlife: what do farmers do, how do plants grow, what is irrigation, how do we take care of our crops, what is compost etc. We love to tell you all about our farm!
- 12.00 Pet and feed the animals
- 12.30 Lunchtime
- 13.30 Waste and recycling programme; make a hanging decoration to take home, and learn all about ecobricks.
- 16.00 Time to go home and share your stories with family and friends

Children Wednesdays (3 - 12 years):

- 10.00 Drinks and cookies, and a game to learn each other's names
- 10.30 Walk and talk on the farm while learning about farmlife: what do farmers do, how do plants grow, what is irrigation, how do we take care of our crops, what is compost etc. We love to tell you all about our farm!
- 12.00 Pet and feed the animals
- 12.30 Lunchtime
- 13.30 Weaving with Mama Wanjiku; learn about traditional weaving techniques with natural materials, make your own basket or bracelet
- 16.00 Time to go home and share your stories with family and friends

Children Thursdays (7 - 12 years):

- 10.00 Drinks and cookies, and a game to learn each other's names
- 10.30 Walk and talk on the farm while learning about farmlife: what do farmers do, how do plants grow, what is irrigation, how do we take care of our crops, what is compost etc. We love to tell you all about our farm!
- 11.30 Cooking class: prepare your own lunch with baked bread, soup, ovenbake and a yummy dessert
- 13.30 Lunchtime
- 14.30 Pet and feed the animals
- 15.00 Plant your own 'hanging garden' in a bottle to take home
- 16.00 Time to go home and share your stories with family and friends

For only ksh 800 we can harvest a full basket of fresh farmproduce to take home.